

*Explore Connections at
Ovation Heartwood Preserve.*

Reservation Showroom:

402-999-7900
Pepperwood Village
573 North 155th Plaza, Suite 573
Omaha, Nebraska 68154

Future Heartwood Preserve community:

471 Maxwell Plaza
Omaha, Nebraska 68164



O V A T I O N™

by AVAMERE

Heartwood Preserve



**Ovation Connections
Memory Care**

At Heartwood Preserve

Where caring and compassion work together to
ensure connections to the past and present.



Omaha, Nebraska
ovationbyavamere.com

Stay Active, Vibrant, and Connected to the World

Ovation Connections Memory Care is located in Ovation West and is part of the Ovation Heartwood Preserve active lifestyle village. Here, individuals get what they need to enhance their quality of life.

When looking for memory care, families want to ensure their loved ones are well cared for and respected. Ovation Connections brings exceptional care and compassion to every resident, from dignified dining and activities to cognitive-enhancing programs, including:

- Multi-sensory experiences
- Individualized care

Ovation Connections Awakens Joy and Comfort

Caring professionals work with recall to create Nine Degrees of Connection. These connections are then used as focal points and communication tools.

Ovation's Nine Degrees of Connection

Music Connections | Music has a way of moving people and bringing back memories. By utilizing technology-based music programming with personalized playlists, we can help make emotional connections. We use real instruments, live entertainment, and dance therapy.

Aroma Connections | The sense of smell is directly linked to memory. A box of fragrances and essential oils, along with aromatic activities such as baking bread and other meals, can help foster happy thoughts and emotions.

Pet Connections | Trained therapy animals are invited to spend time with Ovation Connections residents. Additionally, life-like stuffed animals that purr and breathe are also brought in for visits for added comfort and connections.

Art Connections | A specialized art program appeals to residents and families alike. Supplies include Buddha boards, art pages with a variety of media, art classes, and collage art.

Tactile Connections | Sensory boards and specialized activities help residents use and enjoy all of their five senses. Some resources include an activity pillow, as well as exercises such as yoga, tai chi, resistance bands, and exercise balls.

Spiritual Connections | The spirituality of each individual is celebrated and enhanced through special music and careful attention from spiritual services.

Family Connections | Your family has been your rock and foundation. These connections last a lifetime and the power of a hug and smile can never be underrated at any age. Sometimes the definition of family can be different. We all have an old friend, neighbor, or co-worker who evokes the feeling of family and warmth in our life.

Food Connections | The food we eat nourishes our mind, body, and soul. We use food to bring back a memory of a special time, to celebrate achievements, and to connect with those at the table. Food is multi-dimensional with taste, texture, smell, and even sounds associated with every dish and every meal. These connect us with our food and each other.

Nature Connections | The power of Mother Nature is an amazing thing. The feel of sunshine on your skin, a warm breeze, or even a crisp fall afternoon all connect us with nature. Together we will explore the special areas around Ovation that have been designed to connect you with nature.